

|| श्री ||



# THE CULTURE SCHOOL

Teaching Indian Culture to Indians in a fun and engaging way!

## SANSKRITI SUMMER CAMP

---

S O U T H B E N G A L U R U

**For Children aged 6 -14**

**26th, 27th & 28th of May, 2023**

**Daily timings: 9 am - 5 pm**

**Fees: Rs.2,950/-**

**CLICK TO  
REGISTER  
NOW**



Rashmi : +91 6364 318 552



sanskritishaala@gmail.com

VENUE: 25/26, Papamma Shamanna Complex, 80 Feet Rd, Sahara Layout,  
Gubbalala, Junction, Bengaluru, Karnataka 560062

॥ श्री ॥

# नमस्ते !

An offering from

## **SANSKRITI SHAALA, BENGALURU**

Sanskriti Shaala is a new age school that teaches the important aspects of Bharatiya culture in a modern format. We want to help Indians (children and adults) learn, understand, appreciate, and practice key aspects of Indian culture.

Our children are our future and the future of this great nation, and it is important that our children should understand, love, and live our culture. Bhartiya culture is a living culture built on many different traditions that look very different but have a common thread of “Indianness” that binds them.

It will be our endeavour to evoke a sense of wonder, excitement, and fascination with our culture in our children. Our culture has been nourished by the great thoughts and deeds of our ancestors over thousands of years. We want to pay tribute to them and try to bring some element of this ancient culture into our modern day lives.

Please note that there may be slight variations in the actual occurrence of the various mini classes and workshops listed in the flyer, but the overall intent of the Sanskriti Summer Camp will remain the same. We want to provide your children a cultural immersion that will create a longing in them to explore more about our culture and traditions so that it lives on.

\*\*\*

|| श्री ||



# SANSKRITI SUMMER CAMP

## S O U T H B E N G A L U R U

For Children aged 6 -14 | 26th, 27th & 28th of May, 2023 | Daily timings: 9 am - 5 pm

**Fees: Rs.2,950/-**

### ❧ Day 1: 26th May 2023 ❧

- Inauguration by Chief Guest
- Culture Workshop
- Yogic Workout – Kriyas
- Simple Pranayama
- Reflective Self-assessment
- Gratitude Game
- Healthy Eating for Healthy Kids
- Mindful Eating - LUNCH
- Constructing a Dinachari - Daily Routine
- Group Chanting / Sankirtan
- Culture Quiz
- Imaginarium - A Game to Stimulate Imagination in Kids
- Drawing from Imagination
- Summarizing the lessons learned Day 1

### ❧ Day 2: 27th May 2023 ❧

- Yogic Kriyas - Kickstart
- Mastering the 5 Yamas or Social Ethics
- Yoga Nidra - Deep Relaxation
- Indian Culture & History - Why do we do what we do
- Learning the Language of Dance
- Mindful Eating - LUNCH
- Group Chanting / Sankirtan
- The Patience Game
- Learning the Vocabulary of Indian Culture
- Creative Visualization
- The Breathing Game
- 360 Degree Feedback Homework Assignment
- Summarizing Lessons Learned Day 1 & Day 2

### ❧ Day 3: 28th May 2023 ❧

- Yogic Kriyas - Kickstart
- Celebrating Bharatiya Heroes
- Mastering the 5 Niyamas - Personal Practices
- Self-assessment - Further Know Yourself
- Mindful Eating - LUNCH
- Constructing Your Dinachari - Part 2
- Breathwatching Game
- Group Chanting / Sankirtan
- Theater / Skit
- Becoming a cultural ambassador
- Closing Ceremony

**CLICK TO  
REGISTER  
NOW**



Rashmi : +91 6364 318 552



sanskritishaala@gmail.com

VENUE: 25/26, Papamma Shamanna Complex, 80 Feet Rd, Sahara Layout,  
Gubbalala, Junction, Bengaluru, Karnataka 560062



# Testimonials

“

Thanks to the organisers and teachers for conducting the camp. It was a breath of fresh air for kids and so many topics covered. 😊

- Shankar

“

My daughter Suniti , enjoyed her three days at the summer camp . She said she did not want it to end. She learnt a lot. Thanks to the organizers. Entirely new concept. Thank you so much. . The location selected was also so very peaceful and nice.

- Narayan



“

Food was delicious too, my daughter said so. She loved it

- Satish

“

Thank you Vinay and Archana. Touched by your intent.

- Ajith

“

Thank you Vinay & Samhitha and all other organizers for this wonderful event . Bani thoroughly enjoyed this camp . Surely looking for more such events in future. And I personally loved that small book . It has so many simple yet valuable information.

Once again thank you and I wish more power to your group

- Pranab



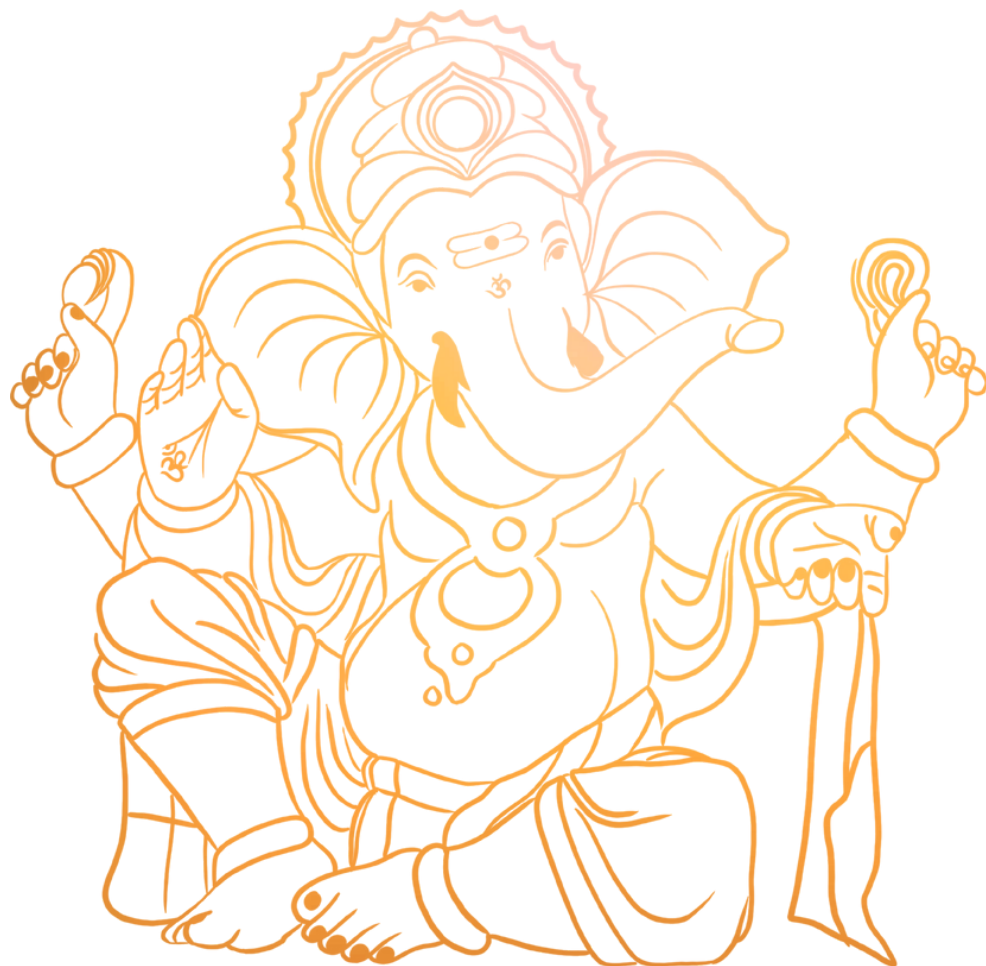


|| श्री ||

It is our endeavour that through this summer camp, our children will:

- 1) Gain a better understanding of Bharatiya Culture
- 2) Become comfortable with Bharatiya Culture
- 3) Feel love and affection for Bharatiya Culture
- 4) Adopt some Bharatiya Cultural practices in their daily lives

**धन्यवाद !**



**Fees**  
**₹2,950/-**  
(includes food)

\*\*\*